MEET

EAT



UNWIND



Crushed Avocado on Toast
(N/V/GFA) 11
Poached Eggs, Harissa Dressing, Spiced
Hazelnut Crumb

Boathouse Kedgeree (GF) 13.50 Smoked Haddock, Curried Rice, Soft-Boiled Egg, Crispy Onions Slow-Cooked Ham Hock and Potato Rosti (GF) 12.50 Wok-Tossed Vegetables, Poached Egg, Paprika Hollandaise



Starters, Sharing or Snacks

Available 12 - 4pm

Buttermilk-Fried Chicken (GF) 9.50 Korean-Style Hot Sauce

Cured Market Fish Taco (GF) 12
Pink Grapefruit & Chilli Dressing, Saffron Aioli

Pulled Pork Taco (GF) 12 Coronation Slaw, Coriander

Babaganoush (VG/GFA) 9.50
Toasted Seeds, Crispy Onions, Roasted Red Peppers, Pitta Bread

Crispy Fried Calamari 12 Chilli Lime Dressing



Available 12 - 4pm

Fish and Chips (GF) 18 Crushed Peas, Seaweed Tartare Sauce

The Boathouse Beef Burger 16.50 Cheese, Gem Lettuce, Tomato, Gherkin, BBQ Mayonnaise, House Slaw, Seasoned Fries (Add bacon 1.50)

Boathouse Mussels of the Day (GF) 9.50/18.50 Please ask your server.

The Boathouse Fish Pie (GF) 21
Selection of sustainable fish, topped with boiled egg \$ mashed potato

King Prawn and Mussel Linguine 21.50 White Wine, Red Chilli, Lemon and Parsley Sauce

Curly Kale and Kimchi Fritter (VG) 15.50
Garam Masala Roasted Tenderstem Broccoli, Coconut Dressing



## Bowls and Ciabattas

Available 12 - 4pm | All ciabattas served with house seasoned fries

Crispy Halloumi, Artichoke, Roast Red Onion, Quinoa & Sweetcorn Salad (V/GF) 14 Spiced Pumpkin Seeds, Miso Dressing

Cumin-Roasted Courgette, Apple, Piquillo Pepper, Pickled Beetroot & Watercress Salad (N/VG/GF) 14.50 Hazelnut Crumb, Black Garlic Dressing BBQ Pulled Pork Ciabatta 14.50 Crispy Onions, Gem Lettuce, House Slaw

Fish Finger Ciabatta 13.50 Tartare Sauce, Gem Lettuce, Lemon

Tamari, Chilli & Ginger Braised Mushroom Ciabatta (VG) 13 Coriander, Rocket Sides

Fries 5

Thick-Cut Chips 5

House Slaw 5

Tenderstem Broccoli 5

Tobacco Onions 5

Please see our board or ask your server for today's desserts





the Goal House			Are Zere Sourigner Plane / Martheworth New Zealand 51/ 73/ 161/	/ 22
SPARKLING	125ml Glass	Bottle	Ara Zero Sauvignon Blanc / Marlborough, New Zealand 5½ 7¾ 16½ NZ SB but not as you know it. At 0% ABV, this is refreshing and fun but without tomorrow's consequences.	2 33
Amabelli Spumante Brut (Organic) / Emilia Romagna, Italy Fun, fruity and fabulous, wine not?	7	30	Wild Life Botanicals Nude or Blush 200ml / Cornwall, England - For those who are 'never drinking again', Wild Life contains an uplifting elixir of vitamins, minerals and botanicals #bubbleswithbenefits	12
Miolo Cuvee Tradition Brut Rose NV / Serra Gaucha, Brazil Something a little bit different. Delicate strawberry and cherry fruit aromas are perfectly balanced by a creamy viscosity and lemony acidity.		40		nl Bottle fe
Fitz English Sparkling Rose / West Sussex, England - Based in Worthing.  Fitz is a little bit rock'n'roll, a little bit unique and a whole lot of fun. Produced using the 'chamat' method, this is England's take on Prosecco.	, 10	55	Albourne Estate Sussex Rose 2022 / Albourne, West Sussex Made predominantly from Pinot Noir, our Provençal-style rosé delivers a fresh crisp minerally palate with delicate aromas of red summer fruits.	50
Albourne Estate Multi-Vintage / Albourne, West Sussex Generous and soft on the palate, this wine is open and expressive, exhibiting delightful panettone-like aromas of sweet baked bread, dried apricots, nuts	11½	55	La Maglia Rosa Pinot Grigio Blush / Veneto, Italy 5½ 7½ 16  Looking at the world through rose tinted glasses, La Maglia is great on  its own but otherwise, best accompanied by good friends and good weather.	6 28
and candied citrus peels.  Coates & Seely Rose NV / Hampshire, England - Really quite beautiful.  Sliced peach, strawberry and cherry are laced with white pepper, cookie dough		68	Domaine Lafage Côtes Catalanes Rosé VDP "Côté Rosé" 6½ 9 18 Languedoc, France This is the epitome of southern France. Wonderful scents of raspberry, strawberry, fresh peach and citrus envoke a wonderfully laissez-faire attitude towards life.	8 35
and praline - this is one of the greats.  Palmer & Co Brut Reserve NV / Champagne, France - When only Champagne will do, Palmer & Co is a charming collaboration between seven grap	ne	85	Mirabeau Azure Provence Rosé / Provence, France "About as good as Provençale rosés get" - The Wine Advocate.  Mirabeau Pure Magn.	52 num 90
growers who only farm Premier Cru and Grand Cru grapes. Extended aging gives this exceptional cuvee outstanding complexity and finesse.			Gérard Bertrand 'Hampton Water' Rosé 2022 10 14 24  Languedoc, France - Created by music icon, Jon Bon Jovi, his son  Jesse Bongiovi and renowned winemaker Gérard Bertrand, this wine is	4 55
WHITE WINE  125ml Glass Glass		Bottle	synonymous with the French Riviera - reserved for rockstars only.	
Le Coste Trebbiano di Romagna Poderi dal Nespoli 5 7  Emilia Romagna, Italy - Nespoli is a family-run estate now in it's fourth generation, the Trebbiano is light bodied and subtle with notes	15	29	RED WINE  125ml Glass 375ml Glass Caraft  Fico Grande Sangiovese di Romagna Poderi dal Nespoli 5 7 15	
of pink grapefruit, citrus and blossom.  Nyala Sauvignon Blanc / Paarl, South Africa  5½ 7½	16	30	Emilia Romagna, Italy - Did you know Sangiovese is the same grape used for Brunello and Chianti? This is a wine for every occasion.	
A great introduction to Sauvignon Blanc, the Nyala is tropical with aromas of white peach, nectarine and green bell pepper.	4.5	0.0	Valdivieso Merlot / Lontue, Chile 5½ 7½ 17  Valdivieso encapsulates everything that Chile excels at; rich, vibrant flavours with smooth, glossy textures. Delicious.	7 32
Citta dei Ponti Pinot Grigio delle Venezie DOC $5\frac{1}{2}$ $7\frac{1}{2}$ Veneto, Italy - Exactly what it says on the tin.	17	32	Alisios Tempranillo Touriga / Campanha, Brasil	35
Masseria Borgo Dei Trulli Vermentino / Puglia, Italy Pretty aromas of peach, lemon peel and thyme make this a very	18	34	A Brazilian blend from the up and coming Campanha region, Touriga gives wild red plum character whilst Tempranillo gives explosive notes of cinnamon and tobacco.	
quaffable tipple - a fantastic alternative to Pinot Grigio.  Jean Biecher Pinot Gris / Alsace, France - Certified organic, The Biecher Pinot Gris is super approachable and food friendly.  Perfect with fish, salads and spice.		38	Masseria Borgo dei Trulli, Primitivo IGP Salento 6 8 18  Puglia, Italy - With 45ha of land (just 25ha of which are planted), the Trulli vineyard is over 55 years old meaning lower volumes but higher quality. Full bodied, velvety and elegant with soft tannins. Juicy.	3 37
Journey's End 'Haystack' Chardonnay / Stellenbosch, 7 10 South Africa - Sustainably focused, JE produce some truly fantastic wines whilst incorporating a number of organic & biodynamic practices	21	42	El Oscuro Mendoza Malbec / Mendoza, Argentina 6¾ 9½ 21 Did you know that 70% of the worlds Malbec is grown in Argentina? El Oscuro has a rich, chocolatey undertone with ripe black fruits and a hint of oak.	1 40
on the farm. The Haystack Chardonnay has notes of lemon peel, Honeydew melon and apricot enriched by a subtle, savoury biscuit overlay.  Gérard Bertrand Heritage Picpoul de Pinet / Languedoc, France		45	Gerard Bertrand Heritage Pinot Noir Organic, Occitanie 8 11 24  Languedoc, France - Ex Rugby player turned biodynamic pioneer,  Gerard Bertrand's Naturalys range has been created to express distinctive	48
There's nothing quite like a glass of Picpoul to encourage thoughts of drifting down the French Riviera. Super refreshing and super delicious.			grape varieties and their terroir. We are obsessed.  Dinastia Vivanco, Rioja Crianza / Rioja, Spain	44
Spy Valley Sauvignon Blanc / Marlborough, New Zealand 8 11 This wine needs no introduction, classic NZ SB to boot.	23	46	Red fruits, violet, vanilla and clove - this wine will really 'Rioja' your world.  Château de Gardegan Bordeaux 2020 / Bordeaux, France	48
Springfield Estate Albariño / Robertson, South Africa This wine tastes of summer days spent on sandy beaches. Under ripe white peach, candied pineapple and a glacial kind of purity		50	Committed to sustainable winemaking, Chateau Gardegan are working towards organic farming certification and making great wine whilst they do it. Blackcurrant, black pepper, menthol and clove.	
are enriched by thoughts of boys, boats and bikinis.  Stellenrust 55 Barrel Fermented Chenin Blanc / Stellenbosch, South Africa - Full bodied, rich and opulent, this wine has a		53	Journey's End 'Pastor's Blend' Cabernet Sauvignon Merlot  Stellenbosch, South Africa -  As a sustainabilty focused, fairtrade producer, JE work closely with Pastors Johnny	50
big, buttery, biscuit base. Delicious.  Domaine Fichet, Macon Ige, "Chateau London" 2022		55	and Leister to improve local conditions and oppportunity. A classic Bordeaux blend with rich dark red fruit, black cherries and earth, this wine is a homage to them.	
Burgundy, France - Produced by one of the most recognisable names throughout the Maconnais, this white Burg is an abundance of green orchard fruits, light cream, sea salt and walnuts.			Es Lo Que Hay / Aragon, Spain, Es lo que Hay is a common Spanish expression which means 'It is what it is/That's how goes. This is a very pretty wine with hints of dry hay, dark chocolate and a crunchy fine	ish.
Ortion et Fils Sancerre 2020 / Loire, France Sancerre offers a more sophisticated and elegant take on Sauvignon Blanc. Freshly cut asparagus and ripe, Granny Smith apples are laced with lemon zest and lime. Pure class in a glass.		57	Abeille Charpentière, Cave du Château des Loges, Beaujolais Villages (Organic) / Beaujolais, France - A favourite amongst Sommeliers, Beaujolais is Burgundy's best kept secret. Exceptional quality at an accessible price - the Oneophile's alternative to Pinot Noir.	55
Domaine Costal, Chablis, 2022 / Burgundy, France This Chablis is a little different. Vines are worked organically and the wines are		60	DESSERT WINE & PORT Glas	nl Bottle ss
never filtered nor cold-stabilised. The resulting juice is clean and clear with remarkable freshness and minerality.				9 40
Milton Riverpoint Viognier 2019 / Gizbourne, New Zealand		64	Warre's Warrior Reserve NV / Douro, Portugal Alvear Pedro Ximenez / Andalucia, Spain	9 60 0 45
This is a beautiful example of Viognier and its endeering range of incredibly moreish yet delicate flavours. Poached pear, warm croissants and cinnamon.			Quinta Da Valloda 10yr Old Tawny Port / Douro, Portugal	

ALCOHOL FREE

125ml 175ml 375ml Bottle

Glass Glass Carafe

